

The Good Ole Girls' Network
FAILURE IS AN OPTION

Failure & Success Activity

1. What is something you've failed at? _____
2. What could you have done better in the process? _____

3. What did you learn from the failure? _____

4. What would you imagine your life would be like if you did not experience failure? _____

5. Are you afraid of failure? ____ Yes ____ No
6. If you answered yes above, what is the fear? _____

7. What would happen if the fear came to fruition? _____

8. How would you handle the outcome of the fear coming true? _____

